

Nutritional Label Pumpkin Rolls

Nutrition Facts		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Serving Size 80 g		Calories	2,000 2,500
Servings Per Container 8			
Amount Per Serving			
Calories 220	Calories from Fat 60		
% Daily Value*			
Total Fat 7g	10 %	Total Fat	Less than 65g 80g
Saturated Fat 2.5g	14 %	Sat Fat	Less than 20g 25g
<i>Trans</i> Fat 0.5g		Cholesterol	Less than 300mg 300mg
Cholesterol 45mg	16 %	Sodium	Less than 2,400mg 2,400mg
Sodium 130mg	5 %	Total Carbohydrate	300g 375g
Total Carbohydrate 38g	13 %	Dietary Fiber	25g 30g
Dietary Fiber 1g	4 %	Calories per gram:	
Sugars 31g		Fat 9 • Carbohydrate 4 • Protein 4	
Protein 3g			
Vitamin A 60%	• Vitamin C 2%		
Calcium 2%	• Iron 4%		

INGREDIENTS: Pumpkin, Sugar, Powdered Sugar, Eggs, Cream Cheese (Pasteurized Cultured Milk and Cream, Salt, Xanthan, Carob Bean, and Guar), Wheat Flour, Margarine (Soybean Oil, Hydrogenated Soybean Oil, Mono and Diglycerides, Soy Lecithin, Sodium Benzoate (Preservative), Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate), Baking Soda, Cinnamon, Vanilla Extract

CONTAINS: Cinnamon, Eggs, Milk, Soy, Wheat