

Nutritional Label

Nut Log

Nutrition Facts		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Serving Size 50 g		Calories	2,000 2,500
Servings Per Container 15		Total Fat	Less than 65g 80g
Amount Per Serving		Sat Fat	Less than 20g 25g
Calories 180	Calories from Fat 70	Cholesterol	Less than 300mg 300mg
% Daily Value*		Sodium	Less than 2,400mg 2,400mg
Total Fat 8g	13%	Total Carbohydrate	300g 375g
Saturated Fat 1.5g	7%	Dietary Fiber	25g 30g
Trans Fat 0.5g		Calories per gram:	
Cholesterol 5mg	2%	Fat 9 • Carbohydrate 4 • Protein 4	
Sodium 140mg	6%		
Total Carbohydrate 22g	7%		
Dietary Fiber 1g	5%		
Sugars 8g			
Protein 4g			
Vitamin A 0%	• Vitamin C 0%		
Calcium 2%	• Iron 4%		

INGREDIENTS: Wheat Flour, Walnuts, Water, Sugar, Sweet Dough Base (Palm Oil, Sugar, Dextrose, Salt, Powdered Whey (A Milk Derivative), Sodium Stearoyl Lactylate, Contains Less than 2% of the Following: Powdered Egg Yolks, Sodium Caseinate (A Milk Derivative), Soy Lecithin, Skim Milk, Propylene Glycol, Artificial Flavor, Monocalcium Phosphate, Artificial Color (Yellow 5, Yellow 6), Natural Flavor), Milk, Yeast, Eggs, Salt, Butter Flavor (Soybean Oil, Hydrogenated Soybean Oil, Contains 2% or Less of Salt, Soy Lecithin, Artificial and Natural Flavor, Beta Carotene (Color), Hydrolyzed Soy Protein, Autolyzed Yeast Extract (Egg, Milk, Soy, Barley), Vanilla Extract

CONTAINS: Eggs, Milk, Nuts, Soy, Wheat