

Nutritional Label

9" Pumpkin Pie

Nutrition Facts		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Serving Size 120 g		Calories 2,000 2,500	
Servings Per Container 8			
Amount Per Serving			
Calories 180 Calories from Fat 60			
% Daily Value*			
Total Fat 6g	10%		
Saturated Fat 1.5g	7%		
<i>Trans</i> Fat 0g			
Cholesterol 40mg	14%		
Sodium 190mg	8%		
Total Carbohydrate 29g	10%		
Dietary Fiber 1g	5%		
Sugars 19g			
Protein 3g			
Vitamin A 100% • Vitamin C 2%			
Calcium 6% • Iron 4%			

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat	9	•	Carbohydrate 4
		•	Protein 4

INGREDIENTS: Pumpkin, Milk, Water, Sugar, Eggs, Wheat Flour, Shortening (Soybean Oil, Hydrogenated Soybean Oil, Hydrogenated Cottonseed Oil), Cinnamon, Salt

CONTAINS: Cinnamon, Eggs, Milk, Wheat