

Nutritional Label

4" Blackberry Pie

Nutrition Facts		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Serving Size 100 g		Calories 2,000 2,500	
Servings Per Container 2			
Amount Per Serving			
Calories 260	Calories from Fat 100		
% Daily Value*			
Total Fat 12g	18%	Total Fat	Less than 65g 80g
Saturated Fat 3.5g	18%	Sat Fat	Less than 20g 25g
<i>Trans</i> Fat 3g		Cholesterol	Less than 300mg 300mg
Cholesterol 0mg	0%	Sodium	Less than 2,400mg 2,400mg
Sodium 170mg	7%	Total Carbohydrate	300g 375g
Total Carbohydrate 36g	12%	Dietary Fiber	25g 30g
Dietary Fiber 2g	8%	Calories per gram:	
Sugars 15g		Fat 9 • Carbohydrate 4 • Protein 4	
Protein 3g			
Vitamin A 0%	• Vitamin C 2%		
Calcium 2%	• Iron 2%		

INGREDIENTS: Blackberries, Water, Wheat Flour, Sugar, Shortening (Soybean Oil, Hydrogenated Soybean Oil, Hydrogenated Cottonseed Oil), Modified Food Starch, Salt, Milk, Potassium Sorbate (Preservative)

CONTAINS: Milk, Soy, Wheat