

**The Pie Shoppe, Inc.**

(June 1 through August 31, 2019) **SUMMER 2019**

Nutrition Facts	Servings/ Container	Serving Sizes (g)	Calories	Calories from Fat	Total Fat (g)	% Daily Value	Saturated Fat (g)	% Daily Value	Trans Fat (g)	Cholesterol (mg)	% Daily Value	Sodium (mg)	% Daily Value	Carbohydrates (g)	% Daily Value	Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)
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**REGULAR ITEMS:**

Chocolate Meringue Pie	8	120	190	60	7	10	2	10	0	0	0	160	7	30	10	22	3	0	0	0	0
Coconut Meringue Pie	8	120	190	60	7	11	0.5	3	0	0	0	160	7	30	10	22	2	0	0	0	0
Lemon Meringue Pie	8	120	200	60	7	11	1.5	7	1	0	0	240	10	37	12	23	2	0	0	0	0
Apple Pie	8	120	270	110	12	19	3.5	19	3	0	0	190	8	37	12	17	3	0	0	0	2
Dutch Apple Pie	8	120	290	100	11	17	3	15	3	0	0	160	7	44	15	21	3	0	0	0	2
Blackberry Pie	8	120	260	90	10	16	3	15	2.5	0	0	150	6	41	14	21	3	0	2	2	4
Wild Blueberry Pie	8	120	260	90	10	16	3	15	2.5	0	0	150	6	40	13	20	2	0	2	0	2
Razzleberry Pie	8	120	260	90	10	16	3	15	2.5	0	0	150	6	42	14	22	2	0	4	2	2
Cherry Pie	8	120	250	90	10	16	3	15	2.5	0	0	150	6	39	13	21	2	8	2	0	2
Peach Pie	8	120	240	80	10	15	3	14	2.5	0	0	140	6	37	12	18	2	2	0	0	4
Raisin Pie	8	120	290	110	13	19	3.5	19	3	0	0	250	10	44	15	19	3	0	0	2	4
Pumpkin Rolls	8	80	220	60	7	10	2.5	14	0.5	45	16	130	5	38	13	31	3	60	2	2	4
Cinnamon Rolls (Reg.)	24	65	180	25	3	4	0.5	4	1	0	0	160	7	37	12	16	3	0	0	0	2

**SPECIALTY ITEMS:**

Cinnamon Rolls (CC)	24	69	200	35	4	6	1	6	1	0	0	160	7	39	13	19	3	0	0	0	2
Snails	12	45	210	120	14	21	2.5	13	2	0	0	180	7	21	7	8	2	0	0	0	2
Small Apple Pie	2	100	240	100	12	18	3.5	18	3	0	0	180	7	32	11	13	2	0	0	0	2
Small Cherry Pie	2	100	240	100	11	17	3.5	16	2.5	0	0	160	7	34	11	15	2	6	0	0	2
Small Blackberry Pie	2	100	260	100	12	18	3.5	18	3	0	0	170	7	36	12	15	3	0	2	2	2
Small Razzleberry Pie	2	100	260	100	12	18	3.5	18	3	0	0	170	7	36	12	15	3	0	4	0	2